






















GRAB BAG CHECKLIST

Remember: Don't include so many items that your bag becomes too heavy to carry!

- | | | | | | |
|--------------------------|---|--------------------------------|--------------------------|--|---------------------------------------|
| <input type="checkbox"/> |  | Comfortable backpack | <input type="checkbox"/> |  | Medication & Prescriptions |
| <input type="checkbox"/> |  | Water and snacks | <input type="checkbox"/> |  | Portable phone charger |
| <input type="checkbox"/> |  | Walking shoes | <input type="checkbox"/> |  | Toiletries |
| <input type="checkbox"/> |  | First aid kit | <input type="checkbox"/> |  | Baby supplies |
| <input type="checkbox"/> |  | Emergency blanket | <input type="checkbox"/> |  | Pet supplies |
| <input type="checkbox"/> |  | Torch | <input type="checkbox"/> |  | Notebook & pen |
| <input type="checkbox"/> |  | Radio (battery/wind up) | <input type="checkbox"/> |  | Copies of important documents |
| <input type="checkbox"/> |  | Hand sanitiser | <input type="checkbox"/> |  | Face covering/mask |
| <input type="checkbox"/> |  | Rain jacket or poncho | <input type="checkbox"/> |  | Spare underwear |
| <input type="checkbox"/> |  | Warm jacket | <input type="checkbox"/> |  | Hat/sun protection |
| <input type="checkbox"/> |  | Cash | <input type="checkbox"/> | | Other items you rely on |



Find out more at wremo.nz/grab-bags



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